

Let's Learn at Home

Fun things to
do this week



Lancashire Early Years Consultants Team

Children under 3 years old



What do we need?

Fun with colours

Colour sensory bags are a wonderful way of children exploring colours without getting messy. They are creative, inexpensive and portable.

- Plastic zip bags, large or small
- Different coloured liquid paints

What do we do?

- Squirt some paint into bags
- Start with one bag with one colour and then create more bags with two and three colours in each. Make sure the bags are sealed
- Look and listen to what your child is saying and doing
- Use descriptive language e.g. sloppy, squishy and slimy
- Give your child plenty of time to play with the bags
- To further extend their learning, fill them with different textures, colours and sounds, the possibilities are endless

What are we learning?

- Being curious
- Sensory awareness
- Fine motor skills
- Social skills
- Enquiry skills
- Colour mixing

Children 3 to 5 years old



What do we need?

Exploring Colours

- 2% or whole milk
- food colouring
- dishwashing liquid
- small bowl
- cotton buds
- plate

What do we do?

- Pour enough milk onto a plate to cover the bottom.
- Drop the food colouring into the milk.
- Dip a cotton bud in a bowl of dishwashing detergent liquid.
- Touch the coated swab to the milk in the centre of the plate.
- Don't stir the milk; it isn't necessary. The colours will swirl on their own as soon as the detergent contacts the liquid.
- Repeat the experiment using water, sunflower oil, skimmed milk or full fat milk and see what happens



What are we learning?

- Observational skills
- Curiosity
- How to following instructions
- How to perform simple tests
- Questioning skills
- How to be reflective
- Cause and effect



What do we need?

Colours of nature

Outdoors:

Spring and summer are perfect seasons to explore the wonderful colours in nature

- Egg box with 6 or 12 sections
- Paint
- A walk in the great outdoors

What do we do?

- Source an egg box
- Paint different coloured splodges of paint in each section and leave to dry
- Set off on a colours in nature scavenger hunt
- Search the paths, woodland, gardens or parks for your colours in nature
- See how many different shades of each colour you can find

NB: Please be respectful and only pick a small amount of each so that we can continue to enjoy the wonderful colours we see when we are out and about.



What are we learning?

- Exploration
- Curiosity
- Creativity
- Mathematics and sorting
- Awe and wonder

