

Physical Education Curriculum Overview

Cycle A	Autumn	Spring	Summer
Hodder – Year 1/2	FMS – Underarm throw Gymnastics 1 Gymnastics 2 Dance – Explorers	Dance Activities – Moving Along Games: Net and wall FMS – Catching and Bouncing a Ball Gymnastics	Dance – Fire, Fire Athletics 1 & 2 Games – Striking and Fielding
Ribble – Year Y3/4	Swimming Games - Net and Wall (Unit 1) Swimming Gymnastics 1	Dance -Rock and Roll Gymnastics 2 Dance –Sparks Might Fly Games - Net and Wall (Unit 2)	Invasion Games – Basketball OAA – Team Work and Problem Solving Athletics Striking and Fielding – Cricket
Wyre – Year 5/6	Invasion Games: Rugby Gymnastics 1 Net and wall: Tennis Dance: Robin Hood	Invasion Games: Netball Dance: The highway man Invasion Games: Hockey Gymnastics 2	Striking and fielding: Rounders Orienteering: OOA Athletics

Cycle B	Autumn	Spring	Summer
Hodder – Year 1/2	FMS – Overarm throw Gymnastics 1 Gymnastics 2 Rolling a ball	Dance – Toy Story Games – Net and Wall Dance Activities – Moving Along Games – Piggy in the Middle	Athletics OAA – The Great Outdoors Dance - Seaside
Ribble – Year Y3/4	Invasion Games: Handball Gymnastics 1 Invasion Games: Rugby Dance –The Great Plague	Gymnastics 2 Dance –Superheroes Invasion Games – Netball Target Games – Dodgeball	Striking and Fielding Games - Rounders Dance –Myths and Legends OAA – Trust and Trails Athletics
Wyre – Year 5/6	Net and wall: Badminton Gymnastics 1 Invasion Games: Rugby 2 Dance: the seaside	Dance: Heroes and Villains Creative Games Invasion Games: Hockey Gymnastics 2	OAA Teambuilding Dance: food glorious food Striking and Fielding: Cricket