Animals including humans

Overview of unit / topic

In this unit, Animals Including Humans, children will begin by looking at animal young and comparing them to their adults. They will look at how animals change as they grow up and be introduced to the life cycles of several varied common animals, including humans. They look in detail at how humans change as they grow older, drawing on their own observations. Children are introduced to the three basic needs of animals for survival (water, food and air). They will apply this knowledge, alongside research from secondary sources, to suggest ways to look after pets. The unit ends with children looking at healthy lifestyles, including the importance of exercise, healthy eating and hygiene. These healthy living lessons develop 'working scientifically' skills through investigating the impact of exercise on our bodies and how handwashing is essential for good hygiene.

Key Questions

Do all animal offspring look like their adult when they are born? What is a life cycle? What are the animal groups? What animal group does an animal belong to? Can you name and order the human life cycle? What can a human do as they grow? What do all animals need to survive?

Key Vocabulary	
Adult	Develop
Life cycle	Offspring
Young	Live young
Diet	Exercise
Germs	Hygiene
Nutrition	

Key Knowledge and Understanding: What will we be learning about in this unit / topic?

- To identify and match several animal offspring and their adult forms.
- To describe the main stages of at least two different animal life cycles. They start to compare these life cycles.
- To identify several ways that humans grow and develop through each life cycle stage.
- To name the three basic needs of all animals to survive.
- To describe the effects of exercise and begin to explain the importance of exercise for the human body.
- To identify several foods according to the basic food groups and can talk about the importance of a balanced diet.