### Kit List for Lockerbie Manor

## All Children will require a SLEEPNG BAG AND A PILLOWCASE.

Find below a suggested kit list for the forthcoming residential visit to Lockerbie Manor. Many items of clothing are likely to get wet. It is often underestimated how many warm clothes are needed to ensure that the activities are enjoyed, whatever the weather.

# Please ensure that all clothes, shoes, bags, etc. <u>are named</u>, so that if they do get lost, we can easily return them to their owner.

#### Activity clothing / equipment:

- Waterproof jacket
- Waterproof trousers
- 3 pairs of trainers for outdoors (1 old pair of trainers for water activities which will get wet and muddy) – NO wellingtons
- Walking boots (if you have any, otherwise trainers will do)
- 1 pair of indoor shoes, e.g. slippers
- Long sleeved tops
- Several T-shirts
- Old thick jumpers, fleeces are particularly good. Thermal fleece clothing is good as it is warm and dries quickly.
- O Several pairs of old tracksuit bottoms or similar, but not jeans for comfort and safety reasons
- Woolly hat, scarf and gloves.
- Swimwear
- 2 towels one for wet activities and one for washing/showering
- Rucksack
- plastic drinks bottle
- Plastic bags for wet clothing
- Torch and batteries

#### Evening clothing / equipment:

- Sleeping bag or duvet
- Night clothes
- Underwear
- O Toiletries; soap, toothbrush, toothpaste, hairbrush, shampoo etc.
- o Towel
- O Socks, at least several pairs of thick socks and several pairs of normal ones
- Casual clothes for evening wear

#### We strongly recommend that no electrical equipment or mobile phones is brought on the visit.

A suitcase is preferable to a holdall or rucksack for their clothes as these are used to store their clothing in. The children will find it easier to organise their belongings in a suitcase.